

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/13/2013	(3) CONTACT/PHONE Darci Hafley (805) 788-2156	
(4) SUBJECT Request to approve a renewal contract (Clerk's File) with Wilshire Community Services for Fiscal Year (FY) 2013-14 in the amount not to exceed \$208,889 to provide prevention and early intervention behavioral health services to older adults throughout the county.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign the renewal contract with Wilshire Community Services for FY 2013-14 in the amount not to exceed \$208,889 to provide prevention and early intervention behavioral health services to older adults throughout the county.			
(6) FUNDING SOURCE(S) Mental Health Services Act	(7) CURRENT YEAR FINANCIAL IMPACT \$208,889.00	(8) ANNUAL FINANCIAL IMPACT \$208,889.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____) <input type="checkbox"/> Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001315		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: 07/24/2012	
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) -			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director

DATE: 8/13/2013

SUBJECT: Request to approve a renewal contract (Clerk's File) with Wilshire Community Services for Fiscal Year (FY) 2013-14 in the amount not to exceed \$208,889 to provide prevention and early intervention behavioral health services to older adults throughout the county.

RECOMMENDATION

It is recommended that the Board approve and direct the Chairperson to sign the renewal contract with Wilshire Community Services for FY 2013-14 in the amount not to exceed \$208,889 to provide prevention and early intervention behavioral health services to older adults throughout the county.

DISCUSSION

The Mental Health Services Act (MHSA) is dedicated to transforming the public mental health system and seeks to reduce the long-term adverse impact from untreated serious mental illness. MHSA funds are divided into five distinct components and one of the components is Prevention and Early Intervention (PEI).

As required by the MHSA statutes, the local PEI Community planning team is responsible for guiding the planning process, analyzing community input, and selecting projects in accordance with community priorities. Wilshire Community Services conducts the Older Adult Mental Health Initiative, a community selected prevention and early intervention mental wellness program that includes:

- Outreach and Education – presentations to various organizations who serve or are in contact with Older Adults regarding the various mental health related risk factors (including signs of depression and suicide warning signs) associated with the Older Adult population and education regarding the resources and services available to help.
- Caring Callers Program – a prevention program targeted at Older Adults at risk for depression and other mental health issues due to isolation and loneliness.
- Senior Peer Counseling – counseling and supportive services provided by professionally trained senior peer counselors and supervised by licensed clinicians.
- Depression Screenings – countywide screenings of Older Adults for depression in community based settings.
- Individual, and group transitional therapy – brief, low intensive early intervention therapy provided by a licensed clinician specializing in Older Adults.

In April, 2013, the community planning team, based on successful results of the first three years of PEI programs, decided to recommend continuation of current PEI programs, including the Older Adult Mental Health Initiative.

OTHER AGENCY INVOLVEMENT/IMPACT

MHSA PEI programs are reviewed by mental health stakeholders through the PEI planning process and by the local community planning team. County Counsel has reviewed and approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2013-14 Behavioral Health Adopted Budget includes funding of \$208,889 for Wilshire Community Services. This represents a \$87,450 decrease from the FY 2012-13 actual contract amount of \$296,339, as the limited term Older Adult Family Facilitation Innovation test project ended in June 2013.

RESULTS

Behavioral Health operational and administrative staffs meet no less than quarterly with Wilshire staff to review results against budgeted targets, promote ongoing improvement of programs, and discuss community climate and upcoming needs of older adults in our county. Program output targets are set at a minimum acceptable level as negotiated with the contractor with the overall purpose of providing the best possible service to our clients based on community specific needs. As noted below, service levels and performance measures are tracked against budgeted targets for each program. Wilshire is expected to continue the same level of service in FY 2013-14, excluding the Older Adult Family Facilitation test project, which expired in June of this year.

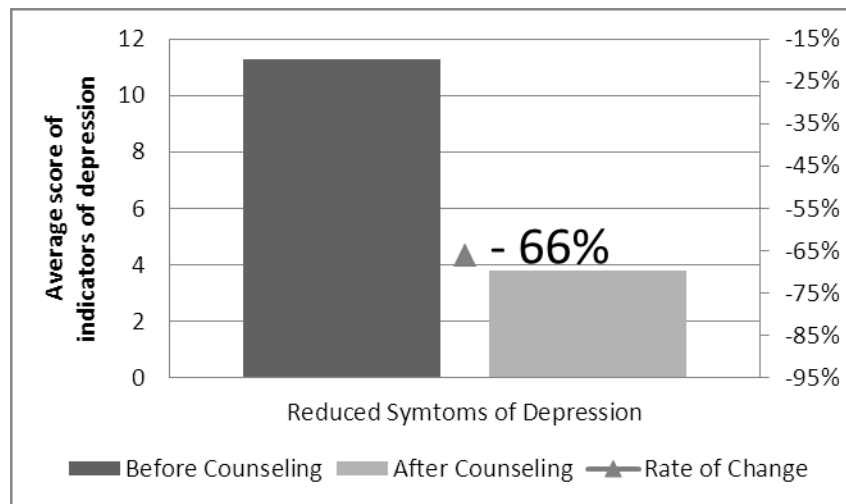
	2012-13 Actual	2012-13 Target	2013-14 Target
Depression Screenings	1613	490	600
Caring Callers	125	95	95
Senior Peer Counseling	138	95	95
Individual Therapy (participants)	53	45	50
Group Therapy (hours)	921	500	500

The Mental Health Services Act Annual Update included an evaluation of PEI Programs during fiscal years 2009-2012 and the report includes detailed evaluation of the services provided by Wilshire Community Services. The evaluation report can be found on the County's Mental Health Services Act website:

<http://www.slocounty.ca.gov/Assets/MHS/pdfs/PEI+Evaluation+2009-2012.pdf>

All though 2012-13 data is still being analyzed, 100% of the individuals who completed Caring Caller or Senior Peer counseling services with Wilshire reported and demonstrated increased quality of life, increased sense of wellbeing, and improved coping skills through participation in services, with an average improvement rate of 85%.

Every individual screened for depression receives information about depression and resources on how to manage their symptoms. Individuals who select therapy and supportive services provided by Wilshire demonstrated a 66% reduction (on average) in symptoms of depression, as measured by therapeutic assessment tools, during the 2012-13 program year.



Continuation of this program will help the Behavioral Health Department achieve its goal of providing accessible,

professional, affordable, community-based psychotherapy for PEI target populations. Promotion of positive mental health, and early intervention counseling and reduces the negative impact of mental illness and contributes to the desired community wide goal of a safe, healthy, and livable community.

ATTACHMENTS

1. Attachment 1 - Wilshire Community Services FY 2013-14 Contract Clerk's Filed